

SALT CRYSTAL LAMPS

For centuries people have known about the ability of Salt Crystal Rock to improve air quality by enriching air with "negative ions ". Ionized air is believed to be beneficial to humans.

Salt Crystal Rock and lamps are natural air ionizers. Negative Ions produced by Salt Crystal Lamps effectively and naturally improve the quality of the air by producing negative ions - the "Vitamins Of The Air". Negative ions can be found in nature, concentrated in air by the billions -- on mountain tops after thunder storms, near water falls, forests, and by the Sea. Negative Ions give the air its invigorating freshness, free from airborne bacteria, clean which is so beneficial for humans.

Non-illuminated crystals (such as cool salt crystal, and in underground salt mines) produce Negative Ionizing effect. Salt Crystal Lamps illuminated from inside with a lamp (warm Salt Crystal) produce and emit a higher number of Negative Ions and delivers a more efficient Ionizing Effect.

Today, the health benefits of Negative Ionizers are well recognized all over the world. Most ionizers on the market are man-made machines. Salt Crystal Lamps are a beautiful, less costly, maintenance free, natural alternative of Mother Nature's to improve air quality. With time, the Salt Crystal Lamps will not reduce in size, color or shape, and will not loose weight, or their ionizing effect!

As well as air ionization and production of negative ions, Salt Crystal lamps illuminated by a light bulb, produce a beautiful natural glow in shades from orange to yellow and are, pleasant to the eyes, mind, and soul. The glow of the lamp and the ionized, clean, fresh air create a special atmosphere of calming meditative balance, tranquillity, peace and well - being for humans.

Many people in Europe and Australia are aware of the benefits of negative ions to health. Negative ions are essential for our health and well being. The freshness of the air after a thunderstorm, on a mountain top, or by the seaside, are due to the high concentration of negative ions in the air. On the other hand, an unduly low negative ion balance (and therefore a high proportion of positive ions) can produce a feeling of reduced well being such as one may feel in highly polluted areas with cars, factory smog, artificially air conditioned offices, or when certain hot dry wind conditions exist.



SUGGESTIONS OF WHERE TO USE SALT CRYSTAL LAMPS

General Use

- Anywhere you want the air quality to be improved or preserved.
- Anywhere you want to create a cozy, relaxing, wellness environment.
- Anywhere you want to enjoy the beauty of nature.

Allergy Sufferers

- A Salt Crystal Lamp in your vicinity will help your wellness and keep the air around you clean, ionized naturally, and beautifully.

Office workers.

- A lamp at work can help improve your concentration and refresh you, neutralizing the effects of stress, artificial light and air environment.
- Office desk, Computer users. Place a Salt Crystal Lamp near your computer to reduce fatigue, counter EMF (electro magnetic pollution) effects from equipment. The lamp will also minimize the effects of all that monitor radiation.

Alternative Health Therapies and Practitioners

- Well accepted by Natural Health Practitioners. A Salt Crystal Lamp glowing in your consulting or treating room assists the healing process and adds to a calming environment.
- Massage rooms. A lamp or two in the massage room will greatly enhance and create a natural ionizing calming, wellness environment and will also keep the air fresh.
- Convalescing. While you recover from an illness, a lamp by your bedside will be a comforting and healthy companion.

Children

- Place a comforting Salt Crystal Lamp by your child's bedside. It is a completely safe and lovely night light, and will enhance your child's sleep, keeping the atmosphere clean.

Feng Shui

- A few Salt Crystal Lamps placed at strategic spots will enhance and clear the energy of the room.

Meditation

- A Salt Crystal lamp near you is known to enhance your meditative experience.

Smokers

- A few lamps around smoky areas will clear away those lingering smells faster.



SALT CRYSTAL LAMPS AND SPELEOTHERAPY

Speleotherapy Sanatoriums are a natural health alternative for respiratory conditions, immune system dysfunction and illnesses and exist in Asia and European countries such as Ukraine, Poland, Czechoslovakia, Armenia.

Speleotherapy Sanatoriums are located in old, no longer used Salt Crystal Rock mines. This is because of high concentration of Ionized Air, Negative Ions produced by Salt Crystal Rock. They are in demand from people with respiratory, asthma, allergy and immune deficiency problems.

People from France, England, Germany, Italy, and Spain..... actively use Speleotherapy as Natural Health Alternative without side effects.

Speleotherapy means, be located in a room or area with a presence of Salt Crystal Rock and breathe with Ionized air, Natural Negative Ions produced through Ionization process by Salt Crystal. People sign up for a 20 - 30 day Sanatoria course, and stay 900 to 1500 feet underground (depending on the Salt Crystal Mine location) without going to the "top". All living necessities are provided: food, exercise, sleeping, living quarters. When clients return to the surface they feel renewed and refreshed with improved respiratory, allergy and immune systems.

Most people take home an Ionizing Salt Lamp to continue the positive result of Speleotherapy they experienced in the Sanatorium.

